

AURA

SPA



COMPORTA

MASSAGES & TREATMENTS

Welcome to Aura Spa

Embark on a sensory journey of deep relaxation and inner connection. Allow yourself to experience a unique moment of harmony and renewal—it's about care, about giving back, and valuing the community while preserving its culture and honoring the unique Alentejo essence.

We invite you to rediscover the balance between mind, body, and spirit, promoting self-care in a space where our guests are welcomed with a warm embrace.

It's about welcoming, caring, and giving back.



MEMORABLE EXPERIENCES – EXFOLIATION

Sea Salt

Duration 80 Min 125 €

Experience the exfoliating power of salt. An exclusive treatment that combines a revitalizing scrub with Salt Flower and a draining massage to eliminate toxins and improve circulation, followed by a nourishing wrap. This moment of pure well-being activates circulation, leaving the skin incredibly soft and luminous. The perfect synergy between renewal and relaxation, so you feel light, revitalized, and energized.

Rice Silk

Duration 80 Min 135€

The Rice Silk exfoliation uses the natural power of rice to soften and renew the skin, with its delicate powder removing impurities and leaving the skin smooth. Followed by a revitalizing massage to awaken all of the body's senses. With nourishing properties, this exfoliation deeply hydrates—ideal for those seeking radiant and velvety skin.

ANCIENT THERAPIES

Put your foot here – Reflexology

Duration 35 Min 60€

Let us guide you through a moment of pure balance and well-being, starting this experience with an exfoliation of the feet to prepare the skin for the therapeutic touch of foot reflexology. Through precise pressure on strategic points, this massage promotes the natural flow of energy throughout the body. To complete, a warm lavender essential oil wrap restores the lightness of your steps. Because well-being starts from within, one step at a time.

Sublime Touch – Targeted Massages

Duration 30 Min 55€

With gentle, precise movements, these massages are a hug of care and affection aimed at the most sensitive and localized areas of your body, such as the back, neck, shoulders, and legs... providing immediate relief from tension and deep comfort that warms the soul. Feel enveloped by a massage that restores, relaxes, and brings lightness to your body, making time stand still.

SIGNATURE RITUALS

The Storyteller Deep Relaxation Massage

Duration 50 Min 95€

Exclusively tailored to your needs, this experience involves the entire body, from head to toe. Inspired by a harmonious dance and intensely scented with rosemary essential oils, it provides deep relaxation and well-being. Let yourself be carried away by this wellness ritual and allow yourself to reconnect with yourself, in a moment of pure harmony and serenity.

Valentine's wing

Duration 80 Min 185€

O amor é vivo nos pequenos momentos... e nada melhor do que partilhá-los a dois!
Love is lived in the small moments... and what better way to share them than together! Allow yourselves a pause from the hustle and bustle of daily life and surrender to a unique experience of well-being and connection, enjoying a special moment together! With aromatic oils and gentle techniques, this experience provides pure serenity. It begins with a revitalizing head massage and ends with a relaxing foot wrap. Perfect for celebrating or simply sharing a moment of calm.

Sports Enthusiasts

Duration 50 Min 105€

Sports/Therapeutic Massage
Created for athletes and active individuals, this massage is ideal for preventing injuries and relieving muscle pain. Combining sports massage, cupping therapy, and stretches, it provides a true energy boost, accelerates

muscle recovery, improves flexibility, and optimizes physical performance.

The Best Mom in the World

Duration 60 Min 100€

A special massage for the best mom in the world! Carefully adapted for all stages of pregnancy and postpartum, it provides relaxation and relief for sore muscles, joints, and swollen legs. Made with safe oils and gentle techniques, it includes a prenatal massage adjusted to your gestational stage and a hydrating, illuminating facial treatment. A unique well-being moment just for you!

SPECIAL DAYS: FACE AND BODY CARE

Celebrate your special days with our exclusive facial and body treatments designed to revitalize both body and mind. We use high-quality products, and each session will be a unique personalized care experience.

FACIAL TREATMENTS

Hydrating Facial

Duration 50 Min 105€

A treatment specially developed to recover the skin's natural radiance and hydration. It deeply cleanses, revealing a radiant glow, replenishes hydration, and protects against pollution.

*Reserve your luxury experience now
and rejuvenate both inside and out!*

Independente

Detox Facial

Duration 50 Min 105€

A deep cleanse that revitalizes the skin, unclogs pores, and reduces congestion, leaving it fresh and balanced. The removal of dead cells stimulates cellular regeneration, promoting a healthier, more luminous complexion.

Infusion Facial – Lifting and Firming

Duration 50 Min 105€

A lifting and firming treatment that improves muscle density and elasticity, and defines facial contours using Japanese lifting techniques. Prevents signs of aging. The skin becomes irresistibly silky thanks to an exclusive secret ingredient.

Facial for Men

Duration 50 Min 105€

A ritual designed for men to remove impurities and nourish the skin. Fast and efficient, the Men's Express Facial skillfully cleanses, tones, and smooths the skin with a combination of products, ideal for those who have never had a facial or want a quick but effective treatment.

BODY TREATMENTS

Manual Lymphatic Drainage

Duration 60 Min 115€

A full-body treatment from head to toe with gentle, rhythmic pressure, performed by a specialized therapist, that stimulates the lymphatic system, promoting circulation and alleviating swelling. Ideal for detoxifying, draining, and combating cellulite, providing a sense of lightness and well-being.

Orange Peel Skin

Duration 45 Min 95€

A deep anti-cellulite treatment combined with the best manual techniques. It's the perfect solution to tone and smooth the skin while fighting cellulite and promoting deep hydration. It effectively reduces cellulite, improves skin firmness, and leaves it smoother and renewed.

Relaxing Body Wrap – Feel Comporta

Duration 45 Min 95€

A body wrap featuring rice flour, one of the most recognized ingredients from the Alentejo region. Followed by a relaxation massage, it has an antioxidant and antibacterial effect, hydrating and improving the appearance and texture of the skin. It ends with a specific eye treatment.



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