

# AURA

## SPA

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COMPORTA

## MASSAGES & TREATMENTS

*Welcome to Aura Spa*

*Allow yourself a pause and rediscover the balance between body, mind, and spirit. In our naturally welcoming space, we invite you to experience moments of true tranquility, guided by the professionalism and dedication of our therapists.*

*Inspired by the authentic resources of our region - such as rice, sea salt, and rosemary - our body treatments deeply nourish and awaken the senses. For facial care, we partner with the Portuguese brand MPL'beauty, whose 100% natural and highly effective formulas treat the skin with pure botanical ingredients, promoting vitality, firmness, and luminosity without the use of artificial chemicals.*

*At Aura Spa, every detail has been designed to welcome, care for, and give back. Here, time slows down, the breath softens, and well-being finds its place.*

## SIGNATURE RITUAL

**Alecrim** *Personalized Massage*  
50 Min €105 / 80 Min €140

Crafted entirely for you, this unique experience is tailored to what your body tells us. With the anti-inflammatory and relaxing benefits of Rosemary essential oil, this moment becomes a true wellness journey, where muscular relaxation meets the calm brought by personalized massage techniques and movements.

## MASSAGES

**Lagoa** *Targeted Massage*  
30 Min €60

Feel embraced by a massage that restores, relaxes, and brings lightness to your body. This massage focuses on the area where tension intensifies, providing immediate relief and deep comfort.

**Vigia** *Couples Massage*  
80 Min €190

Love is found in the small moments... and what better way to enjoy them than together? In this unique moment of connection and well-being, allow yourselves a pause to relax side by side. With aromatic Lavender oil and gentle techniques, this experience offers pure serenity. Perfect for celebrating or simply sharing a quiet moment.

**Galé** *Sports Massage*  
45 Min €95

Designed for athletes and physically active individuals, this massage is ideal for preventing injuries and easing intense muscle tension.

Combining the anti-inflammatory properties of Ginger essential oil with sports techniques, stretching, and pressure points, this treatment offers a true boost of energy and speeds up muscular recovery.

**The Best Mom  
in the World**  
60 Min €100

A truly special massage. Carefully adapted for pregnancy, performed without essential oils and using gentle techniques, this Prenatal Massage provides relaxation and relief in the most strained areas, joints, and swollen legs – helping future mothers feel more comfortable during this special phase.

## BODY TREATMENTS

**Pêgo** *Sea Salt Exfoliation*  
90 Min €160

Using the exfoliating power of Sea Salt followed by a Draining Massage, this treatment revitalizes the skin and helps to eliminate toxins.

This moment of pure well-being boosts circulation and leaves the skin incredibly soft and radiant. The perfect synergy between renewal and relaxation, leaving you light, revitalized, and full of new energy.

**Carvalho** *Rice Powder Exfoliation*  
90 Min €170

Rice Powder exfoliation gently smooths the skin, combined with a Relaxing Massage for a true sense of well-being.

The delicate Rice Powder removes impurities while deeply hydrating the skin, leaving it exceptionally soft. The Relaxing Massage completes the experience with profound relaxation.

## FACIAL TREATMENTS

**Melides**  
*Hydrating Facial*  
60 Min €145

A treatment specially developed to restore your skin's balance. Through deep hydration, nourishment, and facial massage techniques, this treatment rebalances the skin, providing a sense of comfort and lightness.

**St. André**  
*Revitalizing Facial*  
60 Min €160

Designed to restore radiance and firmness to the skin.

By combining lifting massage techniques with an anti-aging range, this treatment revitalizes the skin, clears pores, and reduces congestion – resulting in a healthier, more luminous complexion.